

AN INTERPRETATION OF THE EMERALD TABLET

Jacqueline Vickery, SRC

During a recent workshop on Spiritual Alchemy, facilitated by Karen Wark, SRC, participants were encouraged to meditate on the Emerald Tablet and to express their interpretations of this intriguing text. Below is a poem written by Jacqueline Vickery, SRC and an artistic interpretation by Robert Fickenscher, FRC.

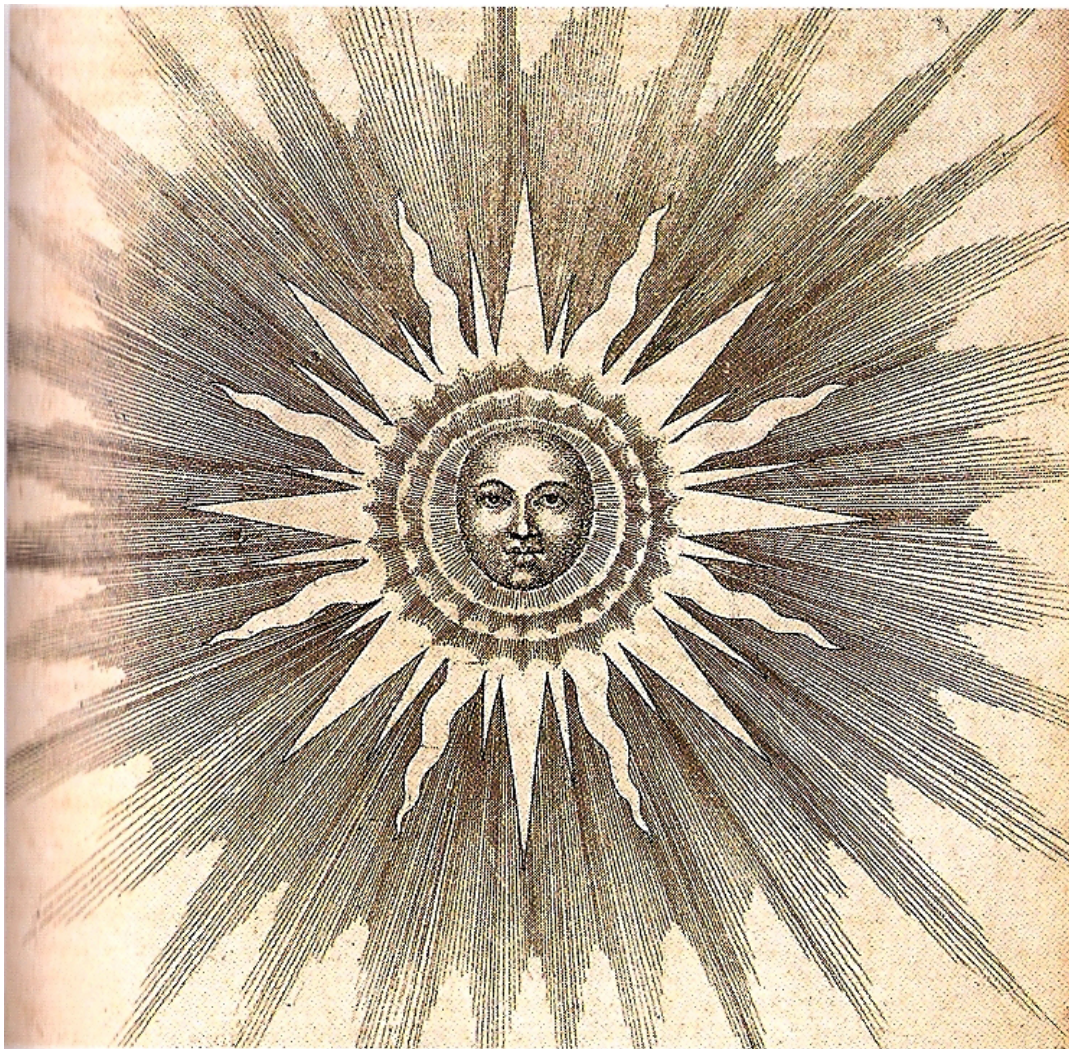


If the truth be known
that what is above us is like
that which is below us — here
To manifest the Oneness of All
And as all things come from God
Through thought of Him
So too, do ALL things come
to him who thinks on these things.
To be transformed begins inside of one
the father and mother is given by
the planets above, carried by the wind
the earth holds the newborn inside until
the Time is right for it to enter ALL
the earth receives the strength
and returns in nurturing the child
into the earth. God gives comfort.
Separate what needs to be done
carefully and with good intention
do not haste — but with patience
when you make ALL — One
up an down it goes receiving— all-
One and One leaves nothing to be done
For Everything is beautiful
All is row on Roses
And is contagious, everywhere ONE goes.
So, three in One is what
we are and if we dare to see
— we become, the moon,
the sun, throughout eternity.

Jacqueline Vickery







Utriusque Cosmi. Volume 1, Oppenheim, 1617. Robert Fludd.

